

## Digital Summit: The First 1000 Days Webinar

### Useful links and resources

- A link to the Parents in recovery video from the First 1000 days PowerPoint Presentation  
[https://youtu.be/7R\\_6NyjSsGI](https://youtu.be/7R_6NyjSsGI)
- **Adfam**  
National charity supporting families, friends and carers of people with substance problems. It provides information and resources to support those affected by another's substance use. Adfam seeks to amplify their voices to ensure they have a say in the issues that affect them.  
[www.adfam.org.uk/help-for-families/useful-organisations](http://www.adfam.org.uk/help-for-families/useful-organisations)
- **NOFAS-UK (The National Organisation for Foetal\*Alcohol Syndrome-UK)**  
NOFAS-UK is dedicated to supporting people affected by Foetal Alcohol Spectrum Disorders (FASD), their families and communities.  
[www.nofas-uk.org](http://www.nofas-uk.org)
- **FASD UK Alliance**  
This is a coalition of groups and individuals from across the UK who are united together for positive social change for those affected by Foetal Alcohol Spectrum Disorders (FASD). Affiliates include small local, regional and virtual groups as well as some of the country's longest standing national organisations.  
<https://fasd-uk.net>
- **Al-Anon**  
Al-Anon Family Groups provide support to anyone whose life is, or has been, affected by someone else's drinking, regardless of whether that person is still drinking or not. For some members, their family member or friend may no longer be a part of their lives or may have died.  
[www.al-anonuk.org.uk](http://www.al-anonuk.org.uk)
- **UK-EU Birth Mother Network – FASD**  
This is a network of women who may have a child or children with Foetal Alcohol Spectrum Disorders (FASD).  
[www.eurobmsn.org](http://www.eurobmsn.org)
- **Drugscience UK**  
Drugscience UK is the leading independent scientific body on drugs in the UK, providing evidence-based information without political or commercial interference.  
[www.drugscience.org.uk](http://www.drugscience.org.uk)

- **Talk to Frank**  
Talk to Frank is a national drug education service aimed mainly at teenagers/adolescents, educating on potential effects of drugs.  
[www.talktofrank.com](http://www.talktofrank.com)
- **Family Lives**  
Family Lives supports families in a professional, non-judgemental way that all members of the family can freely access. They provide this through a helpline, extensive advice on their website, befriending services, and parenting/relationship support groups. Nearly all of their services are accessible at no charge to parents and you can contact them 365 days a year.  
[www.familylives.org.uk](http://www.familylives.org.uk)
- **NIHR**  
National Institute for Health and Care Excellence provides a database of evidence.  
[www.evidence.nhs.uk/search?q=neonatal%20abstinence](http://www.evidence.nhs.uk/search?q=neonatal%20abstinence)
- **Screening Tools**  
This is a link to alcohol screening tools:  
[www.gov.uk/government/publications/alcohol-usescreening-tests](http://www.gov.uk/government/publications/alcohol-usescreening-tests)
- The following link is to a list of alcohol and drug screening tools provided on the SMART charity website:  
<https://smartcjs.org.uk/professionals/gps/screening-tools>
- More needed to ensure consistent advice from midwives: IAS report  
<https://www.alcoholpolicy.net/2019/09/more-needed-to-ensure-consistent-advice-from-midwives-ias-report.html>
- Other valuable resources regarding Alcohol and Other Drugs can be found via the BASW website  
[https://www.basw.co.uk/resources/publications-policies-and-reports?f\[\]=field\\_related\\_interest:7971&sort\\_by=search\\_api\\_relevance&sort\\_order=DESC](https://www.basw.co.uk/resources/publications-policies-and-reports?f[]=field_related_interest:7971&sort_by=search_api_relevance&sort_order=DESC)
- See more useful information from BASW's Alcohol and Other Drugs Special Interest Group via the website  
<https://www.basw.co.uk/what-we-do/groups-and-networks/special-interest-groups/alcohol-and-other-drugs>